

# GO WITH THE FLOW

## SUSTAINABLE MENSTRUAL HYGIENE WORKSHOP

4PM-5:30PM Thursday, 27th February 2025

Student Center Sustainability Office, 2nd floor



Join us for a great conversation and demonstration about sustainable menstrual products!

All workshop attendees will leave with products of their choice and gain knowledge about the benefits of the sustainable choices.

**#whatsupwiththecup**

**Free to students, faculty, and staff!**



Hosted By:

**TESS BRUMMER**

Scan the below QR code to register!



SOUTHERN ILLINOIS UNIVERSITY  
**SUSTAINABILITY**