

# SUSTAINABLE SALUKIS NEWSLETTER

## VOLUME 4, ISSUE 3 – SPRING 2018

### WELCOME NOTE FROM THE SUSTAINABILITY OFFICE

Greetings from SIU Sustainability! If you are receiving this newsletter for the first time, welcome!

We wrapped up Earth Month with a wonderful Sustainability Celebration and appreciate all who came to experience sustainability SIU style.

With summer just around the corner, we want to wish you luck as you all prepare for the semester's end. Whether that means studying for finals, finishing up class projects, or wrapping up other odds and ends, we know you will make it to that finish line!

While summer can be a time for relaxing, we hope you will use this last newsletter of the academic year as a tool to stay involved with SIU, the community, volunteer, or work on other life and career goals as well! Here's to a fun and productive summer!

Sincerely,

**Sustainably Yours,**  
**Geory Kurtzhals**



### NOTICE!

This is the last Sustainable Saluki Newsletter until the start of next semester. We will however send out emails and notes about topics of interest and for events happening. Thank you again for subscribing! Happy summer!



### In This Issue:

- Sustainability 101 topic
- Earth Month 2018 Highlights
- Jobs and Student Opportunities
- Local Sustainability Events, News, Resources, Green Tips, and more.

## Sustainability 101: The Fish Game

(Courtesy: [Cloud Institute for Sustainability Education](#))

The Fish Game, from the Cloud Institute, is designed to start conversations on a variety of sustainability topics and to motivate people to take action. It is a simple 10-part game (played 10 rounds per game), which can be used to express concepts around sustainable resources.

Let's play the game!

### Instructions:

For a round of game, you have 10 days to catch as many fish as you can from a lake. Remember that the fish you catch feeds you and your household for a month. One fish is \$2. You will get to choose your method of fishing in 3 different ways:

- ~Harpoon fishing: take one fish.
- ~Long-line fishing: take two fish.
- ~Free-for-all long-line fishing: take three fish.

For each game, you can choose only one method for all rounds.

The lake only supports up to 20 fish at a time, and cannot exceed that. At the end of a round, the fish left will reproduce at 25%, meaning if you have for instance 7 fish left, you will have  $7 \times 25\% = 1.75$  (round to 2), which is a total of 9.

Goal of the game: to have as many fish as possible after all 10 rounds are played.

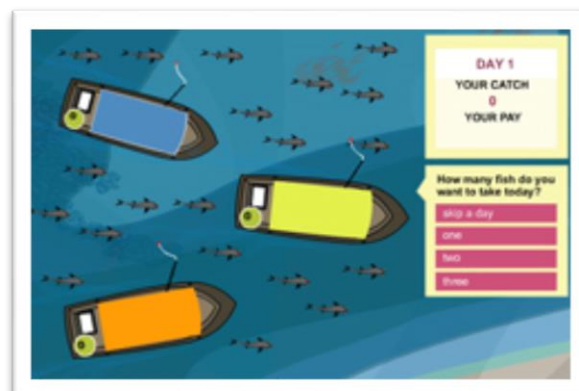
### Real-life connection:

Opportunities to:

- ~Explore the "tragedy of the commons" concept: attempting to gain the greatest benefit from a resource for ourselves or sharing that resource with others.
- ~Understand the concept of sustainable use of resources.
- ~Understand the regeneration and sustainable use of renewable resources.

More resources:

- ~<http://eeinwisconsin.org/content/eeui/100323/FishGame.pdf>
- ~<https://fifthgradewinterhaven.org/wp-content/uploads/2014/07/fish-game.pdf>



"The supreme reality of our time is ...the vulnerability of our planet" —John F. Kennedy





## NAT'L BIKE MONTH 2018

NATIONAL BIKE MONTH  
MAY 2018

**1 Bike Repair and Sale @ SIU Student Center (North Side) - 11am-2pm**  
Don't let your bike sit on a rack and rust. Bring it to the **Saluki Spokes** Bike Repair Day. We will help oil chains, repair flats, and fix it up so you can sell it before you leave school. Want to buy a used bike? Stop by and see what we have. Call 618.453.5209 for more information or visit: <https://www.facebook.com/SIUbikeWatch/>

**Carbondale Group Ride - 5:30pm**  
Kick off Bike Month with a group ride along the new downtown bikeway, around SIU, and back downtown. After the ride, check out local businesses for Bike Month kick-off specials! Meet in the City parking lot across the street from the Newell House.

**4 Bike Ride to Murdale - 1:30pm**  
Join SIU Sustainability and **Saluki Spokes** for a group ride to Murdale Shopping Center! Meet at the south end of Student Center. This ride is intended to support students staying in Carbondale for the summer who would like to learn how to safely bike to off-campus locations.

**5 Bike Safety Check @ Carbondale Farmer's Market - 8am-12pm**  
Swing by and let the **Bike Surgeon** give your bike a once over.

**Fresh Fitness @ Turley Park Pavilion - 10 am**

Join SIU Fitness Instructor Nathan Shaw for a special Fresh Fitness Bike Month workout designed to help you ride longer and stronger! Our fitness class will include exercises and stretches to help improve your speed and power and prevent injury.

**Bike Safety Check @ the Murdale Spring Carnival - 10am - 2pm**  
Visit the **Spring Carnival** at Murdale Shopping Center to support the **Boys and Girls Club** and let **Phoenix Cycles** take a look at your bike.

**11 Ladies Only Bike Repair Workshop @ the Bike Surgeon - 5:30pm**  
Hey Ladies! Join the experts at the **Bike Surgeon** for a special ladies only bike repair workshop and get your wheels in shape for Bike Month. Call 618.457.4521 for more information.



### THANK YOU TO OUR PARTNERS AND SPONSORS!

Carbondale Main Street - Neighborhood Co-op Grocery - Carbondale Park District - Carbondale Farmer's Market - The Varsity Center for the Arts The Bike Surgeon - Phoenix Cycles - Carbondale Cycle - Carbondale Trophy Carbondale Community Arts - Fresh Fitness - SIU Recreation Center - SIU Sustainability - Saluki Spokes - Touch of Nature Environmental Center

**14-18 Bike to Work Week**  
Get out and ride your bike to work. Check out the new **Bikeway Map** to plan your route on the City's designated bikeways.

**19 Bike Safety Check @ Carbondale Farmer's Market - 8am-12pm**  
Swing by and have the **Bike Surgeon** give your bike a once over.

**"Breaking Away" @ The Varsity Center for the Arts - 2pm**

Head to **The Varsity** for a special matinee screening of the 1979 Golden Globe Best Picture winner **Breaking Away**. Ride your bike and get a half price ticket!

**25 Fourth Friday Fair @ Town Square Pavilion - 6-9pm**  
Ride to **Carbondale Main Street's** bike-themed Fourth Friday Fair for fun family-friendly activities. Decorate your bike, participate in the Bike Rodeo, and compete for prizes!

**26 Mountain Bike Trail Building @ Touch of Nature Environmental Center - 9am-1pm**  
Come hydrated, fed, and ready for a day of physical fun building mountain bike trails at **Touch of Nature**. Meet the Center's knowledgeable staff in the parking lot at Camp 1, learn the basics, and help add something beautiful to our community! For information, call 618.453.1121 or to register visit: <http://ton.siu.edu/facilities-and-services/touch-of-nature-forest/multi-use-trail-projects.php>

**31 Annual Bicycle Luncheon @ Turley Park Pavilion - 12-1pm**  
Join the **City of Carbondale** for our annual luncheon sponsored by **Neighborhood Co-op Grocery**. Grab your friends, ride your bike, and enjoy lunch on us! Plus, enter to win prizes and giveaways.

**ALL MAY LONG Bicycle Scavenger Hunt**  
Ride, take a selfie, and post at **#BikeCdale2018**. Sign up at [www.facebook.com/ExploreCarbondale](https://www.facebook.com/ExploreCarbondale) or register at: <https://goo.gl/forms/PT1qybS11ByyprdC2>.

**Biking at SIU**  
Stop by the **SIU Sustainability Hub** (located in the Student Center near the bowling alley) to learn more about biking on SIU's campus! While there, enter a drawing to win bicycle mirrors.

**Bike to the Brown Bag - Wednesdays - 12-1pm**  
Join **Carbondale Main Street** every Wednesday in May at the **Town Square Pavilion** for great music from local artists.



# EARTH MONTH 2018 HIGHLIGHTS

Thank you to everyone who contributed to or participated in this year's Earth Month!



## GREEN JOBS & OPPORTUNITIES

### ✚ **Admin Services Coordinator, Geographical & Sustainability Sciences**

University of Iowa, College of Liberal Arts & Sciences is looking for applicants for this position. Deadline to apply is May 14. [Apply Now](#).

### ✚ **Sustainability Program Manager, California State University**

The California State University, Office of the Chancellor, is seeking a Sustainability Program Manager to manage and administer the Board of Trustees' sustainability policy and develop and update associated guidance and procedures to implement comprehensive sustainable practices across all university operations. [Apply Now](#).

### ✚ **ISEA Green Jobs** – find green jobs and opportunities at <https://illinoissolar.org/jobs/>

### ✚ **Green Jobs** – Environmental and Social Impact at <http://www.greenjobs.net/>

## NEWS & RESOURCES

### ✚ **New Campus Sustainability Hub Resources**

The [Campus Sustainability Hub](#) is a one-stop shop for AASHE members to access toolkits and resource collections in all aspects of sustainability in higher education. With advanced search filtering, this key member benefit is designed to facilitate information sharing between campuses and organizations. [Read recently added journal articles](#).

### ✚ **National Wildlife Federation Campus Pollinator Pledge**

The [National Wildlife Federation](#) is asking college and university students, faculty, and staff to take action on their campus to provide healthy habitat for pollinators. By taking the Campus Pollinator Pledge, campuses are committing to protect pollinators by providing healthy habitat through creation, restoration and protection efforts.

### ✚ **8th annual Green Sports Alliance Summit**

The theme for this year's summit is "Play Greener: Get in the Game". Participants will be engaged in multiple skill-building and problem-solving workshops. [Register Now](#).

### ✚ **The inaugural Indianapolis Sustainability Summit** took place in the IUPUI Campus Center from 8 a.m. to 4 p.m. March 28. IUPUI and the City of Indianapolis Office of Sustainability partnered to host the event.

### ✚ **Eastern Kentucky University introduces Dockless Bike-Share System**, a dock-free bike share program, the first of its kind on a Kentucky college campus, designed to help students get around the Richmond campus. At no cost to the University, Eastern has contracted with LimeBike on the program, which launched with 100 brightly painted green and yellow bicycles on Monday, March 19, with plans to increase the fleet to 250 in the upcoming weeks.

### ✚ **The University of California, Davis has released an updated Long Range Development Plan (LRDP) and Draft Environmental Impact Report (DEIR)** to assess the potential environmental impacts of the proposed LRDP along with new housing projects.

## COMMUNITY OPPORTUNITIES

- ✚ Join **Keep Carbondale Beautiful in the Spring 2018 Cleanup** around Carbondale. The Route 13 East Clean-up Day is **Saturday, May 5, 10am - Noon**. View the [full schedule of events](#) online.
- ✚ **Walk or Bike through Historic Murphysboro**  
**Sunday, May 06, 2018, Noon – 4pm**  
Visit designated historic places, enjoy refreshments, and learn about bike safety. [View events details here](#).
- ✚ **SIH-SIU Health Policy Institute Present: Opening Pandora's Bottle: Law, Policy, and America's Opioid Epidemic**  
**Friday, May 18, 2018.**  
Register for the Southern Illinois Healthcare (SIH)-Southern Illinois University (SIU) 2018 Health Policy Institute. Continuing Education (CE) credit is available for interested students. [View event details](#) and [register now](#).

### \*\*\*Take Action Quote of the Day\*\*\*

"The significant problems we face cannot be solved with the same level of thinking we used when we created them." — Albert Einstein

## GET IN TOUCH WITH US

### Have any questions, comments, concerns?

- ✚ Visit us at the Sustainability Hub or Sustainability Office in the Student Center
- ✚ Visit us at [sustainability.siu.edu](http://sustainability.siu.edu) || Send us an [email](#) || Call us: (618) 453-2786



To unsubscribe from the list send a blank email to:  
[SUSTAINABILITY-L-signoff-request@LISTSERV.SIU.EDU](mailto:SUSTAINABILITY-L-signoff-request@LISTSERV.SIU.EDU)

