HELLO SGAT,

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Hello SGAT!

This month, our Sustainability Office GA’s have written educational posts highlighting the environmental and human impact in several key areas, including Clothing and Fashion, Food, Waste, Climate Change, and Health & Wellness.

Global environmental impact of clothing:

Clothing is a large source of waste on our planet. Due to the constant evolution of fashion, much of the clothing that is thrown out is still in good condition. Some of this is given to thrift stores or consignment shops, but the vast majority heads to a landfill. According to the EPA the average American sends 75 pounds of clothing to a landfill each year. If you take good care of your clothes, they’ll last much longer.

Vote with your dollar, meaning, support sustainable trends with your purchases.

TIPS FOR OUR READERS:

- Buy clothing that you like enough to wear numerous times, and that you’ll keep through the entire life of the item.
- Be conscious of buying clothing that is very thin or pre-ripped. It can affect the durability! Choose durable items instead.
- Check the tags for care and washing instructions.
- Go to a tailor for repairs or take on a new hobby (sewing/mending), rather than throwing out clothes that only require a small fix.
- Wash clothes in cold water and hang dry when possible.
- Care, repair and re-wear!