APRIL 2021 | ISSUE 29

THE SALUKI GREEN ACTION TEAM

A weekly email newsletter

Hello SGAT,

As we wrap up Earth Month 2021. we wanted to share some information relating to food waste and a plant-based diet, to get our members thinking about the environmental impact of both.

Two things to consider:

- 1. How can we reduce the pressures on ecosystems and land, while meeting the growing demands for food and fiber worldwide?
- 2. How can we do what we do on land better, tending it in ways that decrease emissions from agriculture and forestry?

The responses to these inquiries are basic ways to stem ozone substances, support the planet's living frameworks, tend to food security, and ensure human wellbeing – all of which are inseparably connected.

Salukis can make a difference by taking a few actions:

- Eat lower on the food chain by incorporating more vegetables and plant-based foods into your diet.
- Ensure what's grown gets eaten! Reduce your food waste by only buying what you can cook and eat. Reducing our food waste makes sure we get the best use of farming inputs, reduces unnecessary land-clearing, and lowers emissions associated with food and farming.
- Eat locally sourced food and support local farmers by visiting your local farmer's markets.

